

HEALTH PLAN POLICY	
Policy Title: Substance Abuse and Dependency Treatment Services	Policy Number: MUM22 Revision: C
Department: Medical Management	Sub-Department: Utilization Management
Applies to Product Lines:	
<input type="checkbox"/> Medicaid	<input checked="" type="checkbox"/> USFHP
<input type="checkbox"/> Children's Health Insurance Plan	<input checked="" type="checkbox"/> Commercial Insured
<input checked="" type="checkbox"/> Health Insurance Exchange	<input checked="" type="checkbox"/> Non Insured Business
<input checked="" type="checkbox"/> Medicare	
Origination/Effective Date: 09/28/2017	
Reviewed Date(s):	Revision Date(s): 04/24/2019, 05/14/2020, 04/16/2021

SCOPE:

The purpose of this policy is to confirm that CHRISTUS Health Plan covers treatment for Substance use disorder which includes substance use disorders as defined by the current Diagnostic and Statistical Manual of Mental Disorders (DSM) V5.

DEFINITIONS AND ACRONYMS:

- **Diagnostic and Statistical Manual of Mental Disorders (DSM)** is the handbook used by health care professionals in the United States and much of the world as the authoritative guide to the diagnosis of mental disorders. *DSM* contains descriptions, symptoms, and other criteria for diagnosing mental disorders. It provides a common language for clinicians to communicate about their patients and establishes consistent and reliable diagnoses that can be used in the research of mental disorders.

POLICY:

CHRISTUS Health Plan offers substance use disorder treatment benefits for members with substance use disorders as defined by the current Diagnostic and Statistical Manual of Mental Disorders (DSM) V.

Providers for the substance use disorders include: Hospitals, chemical dependency treatment facilities licensed by the Department of State Health Services, and practitioners of the healing arts. CHRISTUS Health Plan includes Significant Traditional Providers (STPs) of these benefits in its Network, and provides such STPs with expedited credentialing. CHRISTUS Health Plans enters into provider agreements with any willing Significant Traditional Provider (STP) of these benefits that meets the Medicaid enrollment requirements, MCO credentialing requirements and agrees to the MCO's contract terms and rates.

Substance Use Disorder conditions include the following

DSM-5	Substance Use Disorder
F10.129 F10.229 F10.929	Alcohol Intoxication
F10.10 F10.20	Alcohol Use Disorder
F11.10 F11.20	Opioid Use Disorder
F11.129 (with comorbid mild opioid use disorder)	Opioid Intoxication

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F11.229 (with comorbid moderate or severe opioid use disorder) F11.929 (with no comorbid opioid use disorder)	
For opioid intoxication with perceptual disturbances: F11.122 (with comorbid mild opioid use disorder) F11.222 (with comorbid moderate or severe opioid use disorder) F11.922 (with no comorbid opioid use disorder)	
F11.23	Opioid Withdrawal
F11.99	Unspecific opioid related disorders
F13.10 F13.20	Sedative, hypnotic anxiolytic use disorder
F14.10 F14.20	Cocaine Use Disorder
F12.10 F12.20	Cannabis Use Disorder
F16.10 F16.20	Other Hallucinogen Use Disorder
F18.10 F18.20	Inhalant Use Disorder
	Polysubstance Dependence
F19.10 F19.20	Other (or unknown substance use disorder)
Z72.0 F17.200	Tobacco Use Disorder
F15.10 F15.20	Amphetamine Use Disorder
F15.929	Caffeine intoxication
F16.10 F16.20	Phencyclidine Use Disorder

CHRISTUS Health Plan follows the American Psychiatric Guidelines for the treatment of Substance Use Disorders. The Health Plan provides a variety of treatment settings depending upon the degree of restricted access to substances that are likely to be abused, the availability of general medical and psychiatric care, and the overall milieu and treatment philosophy. Patients should be treated in the least restrictive setting that is likely to be safe and effective. Commonly available treatment settings include hospitals, residential treatment facilities, partial hospitalization programs, and outpatient programs. Decisions regarding the site of care should be based on the patient's ability to cooperate with and benefit from the treatment offered, refrain from illicit use of substances, and avoid high-risk behaviors as well as the patient's need for structure and support or particular treatments that may be available only in certain settings. Patients move from one level of care to another based on these factors and an assessment of their ability to safely benefit from a different level of care.

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REFERENCES:

- 8.2.7.2.1 Substance Abuse and Dependency Treatment Services
- Milliman Guidelines – Behavioral Health module

RELATED DOCUMENTS:

- PRACTICE GUIDELINE FOR THE Treatment of Patients with Substance Use Disorders Second Edition Copyright 2010, American Psychiatric Association

REVISION HISTORY:

Revision	Date	Description of Change	Committee
New	09/28/2017	Initial release.	Board of Directors
A	04/24/2019	Annual review. Removed Medicaid and CHIP from lines of business.	Executive Leadership
B	05/14/2020	Annual review. Made format corrections and grammar changes. No change to policy content.	Executive Leadership
C	04/16/2021	Annual review. No change to policy content.	Executive Leadership