

2022 Summary of Benefits

CHRISTUS Health Plan Guardian (HMO) H1189, Plan 008

This is a summary of drug and health services covered by CHRISTUS Health Plan Guardian (HMO), January 1, 2022 – December 31, 2022.

CHRISTUS Health Plan Guardian is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the “Evidence of Coverage.”

To join CHRISTUS Health Plan Guardian (HMO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas: Bowie, Camp, Cass, Cherokee, Franklin, Gregg, Harrison, Hopkins, Marion, Morris, Panola, Red River, Smith, Titus, Upshur and Wood.

If you use the providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current “**Medicare & You**” handbook. View it online at www.medicare.gov or get a copy by calling 1-800 MEDICARE (1-800-633-4227; TTY 1-877-486-2048), 24 hours a day, seven days a week.

This document is available in other formats such as Braille, large print or audio.

For more information, please call us Toll-free 1-844-282-3026, ● TTY 711 or visit our website at www.christushealthplan.org.

Hours of Operation:

October 1st – March 31st, 7 days a week from 8:00 a.m. to 8:00 p.m., local time.

April 1st – September 30th, Monday through Friday from 8:00 a.m. to 8:00 p.m., local time.

You can see our plan’s *Evidence of Coverage, Provider & Pharmacy Directory* and *Formulary* (list of Part D prescription drugs) at our website at www.christushealthplan.org.

Premiums and Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
Monthly Plan Premium	\$0	You must continue to pay your Medicare Part B premium.
Annual Maximum Out-of-Pocket	\$4,400	The most you pay for copays, coinsurance and other costs for medical services for the year.
Part B Premium Rebate	\$60	The plan will reimburse the member monthly.
Inpatient & Outpatient Services		
Inpatient Hospital		<i>Authorization rules may apply.</i>
<ul style="list-style-type: none"> ○ Acute hospital ○ Mental health 	<p>You pay a \$320 copay per day for days 1 through 5. You pay nothing per day for days 6 through 90.</p> <p>You pay a \$318 copay per day for days 1 through 5. You pay nothing per day for days 6 through 90.</p>	Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 “lifetime reserve days.” These are “extra” days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.
Outpatient Hospital		<i>Authorizations rules may apply.</i>
<ul style="list-style-type: none"> ○ Ambulatory surgical center ○ Hospital facility 	<p>You pay a \$255 copay per visit.</p> <p>You pay a \$325 copay per stay.</p>	
Doctor Visits		
<ul style="list-style-type: none"> ○ Primary Care Physician ○ Specialists 	<p>You pay nothing.</p> <p>You pay a \$25 copay per visit.</p>	
Preventive Care	You pay nothing.	Additional preventive services approved by Medicare during the contract year will be covered. This plan covers preventive care screenings and annual physical exams at 100% when you use in-network providers.
<ul style="list-style-type: none"> ○ Abdominal aortic aneurysm screening ○ Alcohol misuse counseling ○ Annual “Wellness” visit ○ Bone mass measurement ○ Breast cancer screening (mammogram) ○ Cardiovascular disease (behavioral therapy) ○ Cardiovascular screening 		

Premiums and Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
<p>Preventive Care continued</p> <ul style="list-style-type: none"> ○ Cervical and vaginal cancer screening ○ Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy) ○ Depression screening ○ Diabetes screenings and monitoring ○ Hepatitis C screening ○ HIV screening ○ Lung cancer with low dose computed tomography (LDCT) screening ○ Medical nutrition therapy services ○ Medicare Diabetes Prevention Program (MDPP) ○ Obesity screenings and counseling ○ Prostate cancer screenings (PSA) ○ Sexually transmitted infections screenings and counseling ○ Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) ○ Vaccines, including flu, hepatitis B, pneumococcal and COVID-19 ○ “Welcome to Medicare” preventive visit (one-time) ○ Routine physical (one per year) 		
<p>Emergency Care</p>	<p>You pay a \$75 copay per visit.</p>	<p>Covered worldwide.</p> <p>Copay is waived if admitted within 24 hours.</p>
<p>Urgently Needed Services</p>	<p>You pay a \$35 copay per visit. You pay a \$75 copay per visit (worldwide).</p>	

Premiums and Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
<p>Diagnostic Services/Labs/Imaging</p> <ul style="list-style-type: none"> ○ Lab services ○ Outpatient X-rays ○ Diagnostic tests & procedures (non-radiological) ○ Diagnostic radiology services (MRI, CT, PET) ○ Therapeutic radiology (e.g., radiation treatment of cancer) 	<p>You pay nothing. You pay a \$25 copay per visit. You pay a \$50 copay per visit.</p> <p>You pay a \$150 copay per visit.</p> <p>You pay 20% coinsurance per visit.</p>	<p><i>Prior authorization is required for some services by your doctor or other network provider.</i></p> <p>Please contact the plan for more information.</p>
<p>Hearing Services</p> <ul style="list-style-type: none"> ○ Routine hearing exam ○ Hearing aid ○ Medicare-covered exam to diagnose and treat hearing and balance issues 	<p>You pay a \$35 copay per exam.</p> <p>You pay a \$395 or \$695 copay from a network provider for hearing aids included in the 2 Tier Formulary.</p> <p>You pay a \$25 copay per service.</p>	<p>1 every year.</p> <p>Copay is based on manufacturer, product and style purchased from Amplifon 2 Tier Formulary. Hearing aids not listed in the 2 Tier Formulary are available at an additional cost. Member is responsible for full invoice amount if purchased outside of the 2 Tier Formulary. Copay does not apply. Out-of-network is not covered.</p>
<p>Dental Services</p> <ul style="list-style-type: none"> ○ Medicare-covered dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth) 	<p>You pay a \$25 copay per service.</p>	

Premiums and Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
Dental Services continued <ul style="list-style-type: none"> ○ Preventive dental services <ul style="list-style-type: none"> ● Oral exam ● Dental X-rays ● Cleaning ● Fluoride treatment 	You pay a \$5 copay per service.	1 visit every year. 1 every 2 years. 1 every 6 months. 1 every 6 months.
Vision Services <ul style="list-style-type: none"> ○ Medicare-covered eye exam to diagnose and treat diseases and conditions of the eye ○ Glaucoma screening ○ Routine eye exam ○ Eyeglasses (frames/lenses) or contacts lenses 	You pay a \$25 copay per exam. You pay a \$35 copay per screening. You pay nothing. You pay nothing.	1 every year. \$100 allowance per year for 1 pair of eyeglasses (frames/lenses) or contacts.
Mental Health Services <ul style="list-style-type: none"> ○ Outpatient individual or group therapy visit 	You pay a \$40 copay per visit.	
Skilled Nursing Facility	You pay nothing per day for days 1 through 20. You pay a \$164.50 copay per day for days 21 through 100.	Plan covers up to 100 days per benefit period.
Physical, Occupational and Speech Language Therapy Services	You pay a \$25 copay per visit.	
Ambulance	You pay a \$265 copay per one-way trip.	Covered worldwide.
Transportation	You pay nothing.	<i>Authorization rules may apply.</i> Limited to 12 one-way trips per year to plan-approved locations (up to 150 miles outside the service area).
Medicare Part B Drugs <ul style="list-style-type: none"> ○ Chemotherapy drugs ○ Other Part B drugs 	You pay 20% coinsurance. You pay 20% coinsurance.	<i>Authorization rules may apply.</i>

Additional Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
Home Health Care	You pay nothing.	<i>Authorization rules may apply.</i> There is no coinsurance, copayment, or deductible for beneficiaries eligible for Medicare-covered home health agency care.
Outpatient Substance Abuse Services (Individual and group therapy)	You pay a \$40 copay per visit.	<i>Authorization rules may apply.</i>
Medical Equipment/Supplies ○ Durable medical equipment (e.g., wheelchairs, oxygen) ○ Prosthetics (e.g., braces, artificial limbs)	You pay 20% coinsurance. You pay 20% coinsurance.	<i>Authorization rules may apply.</i>
Diabetes Management ○ Diabetes monitoring supplies ○ Diabetes self-management training ○ Therapeutic shoes or inserts	You pay nothing. You pay nothing. You pay a \$10 copay per item.	<i>Authorization rules may apply.</i>
Foot Care ○ Medicare-covered foot exam and treatment if you have diabetes-related nerve damage and/or meet certain conditions ○ Routine Foot care	You pay a \$25 copay per visit. You pay nothing.	
Outpatient Rehabilitation Services ○ Cardiac rehabilitation ○ Pulmonary rehabilitation	You pay a \$40 copay per visit. You pay a \$30 copay per visit.	<i>Authorization rules may apply.</i>
Chiropractic Care (manual manipulation of the spine to correct subluxation)	You pay a \$20 copay per visit.	36 visits per year.
Renal Dialysis	You pay 20% coinsurance.	
Medicare-covered Acupuncture for Chronic Low Back Pain	You pay a \$25 copay per visit.	Maximum of 20 visits per year.

Additional Benefits	CHRISTUS Health Plan Guardian (HMO)	What you should know
Fitness	<p>Covered in full at participating CHRISTUS Trinity Mother Frances Fitness Clinics.</p> <p>\$20 monthly allowance for other qualified fitness programs, reimbursed quarterly.</p>	<p>This benefit provides access to the CHRISTUS Trinity Mother Frances Fitness Clinics in our markets. Our mission is to provide a health and fitness facility designed to educate our community on the importance of physical fitness. By providing a team of fitness and health professionals, as well as innovative programming, we aim to guide individuals toward a better quality of life.</p>
Home-delivered Meals	<p>You pay nothing copay for up to 14 home-delivered meals for up to 7 days. No limit to discharges in a year.</p>	<p>You are eligible to receive home-delivered meals immediately following surgery or inpatient hospitalization; for a chronic illness; for a medical condition or potential medical condition that requires the enrollee to remain at home for a period of time.</p>
Telehealth	<p>You pay nothing.</p>	<p>Available only with in-network PCPs.</p>