



The Faster Road to Recovery

Your **CHRISTUS Health Plan** includes a meal benefit to ease your recovery when you return home from the hospital.

- You will receive 14 delicious meals from GA Foods delivered right to your door!
- Simply follow the directions and heat the meal in your microwave or oven.

You'll appreciate the convenience and benefits of home-delivered meals:

- No need to shop or prepare meals.
- All meals are suitable for people with diabetes and those with cardiac conditions.
- Meals are low in salt, sugar, fat, and cholesterol.
- Meals are created by a chef who adds flavor and flair to traditional favorites that you'll love!
- Home-delivered meals after a hospitalization promote faster healing, improve strength, and lower the risk of complications.



www.GAFoods.com



CHRISTUS Health Plan Generations is an HMO plan with a Medicare contract. Enrollment in CHRISTUS Health Plan Generations depends on contract renewal. This information is not a complete description of benefits. Call 844.282.3026/TTY 711 for more information. Open seven days a week, 8 a.m. to 8 p.m., local time, from Oct 1 – Mar 31, and Mon – Fri, 8 a.m. to 8 p.m., local time, from Apr 1 – Sept 30. A voice response system is available after hours. Messages left will be responded to within one business day.

CHRISTUS Health Plan Generations (HMO) Contract #H1189.