

CHRISTUS Health Plan Generations (HMO) CHRISTUS Health Plan Generations Plus (HMO)

2023 Premier Performance Standard Step Therapy

**PLEASE READ: THIS DOCUMENT CONTAINS INFORMATION ABOUT
SOME OF THE DRUGS WE COVER IN THIS PLAN.**

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This step therapy criteria was updated on 08/30/2023. For questions, please contact CHRISTUS Health Plan Generations (HMO) / CHRISTUS Health Plan Generations Plus (HMO) Member Services, at 1-844-282-3026 or, for TTY users, 711, 8 a.m. – 8 p.m. local time, seven days a week, from October 1 – March 31, and 8 a.m. – 8 p.m. local time, Monday – Friday, from April 1- September 30, or visit <https://www.christushealthplan.org>

DEXTROMETHORPHAN/BUPROPION

Products Affected

Step 1:

- bupropion HCl 100 mg tablet
- bupropion HCl 75 mg tablet
- bupropion HCl SR 100 mg tablet, 12 hr sustained-release
- bupropion HCl SR 150 mg tablet, 12 hr sustained-release
- bupropion HCl SR 200 mg tablet, 12 hr sustained-release
- bupropion HCl XL 150 mg 24 hr tablet, extended release
- bupropion HCl XL 300 mg 24 hr tablet, extended release
- citalopram 10 mg tablet
- citalopram 10 mg/5 mL oral solution
- citalopram 20 mg tablet
- citalopram 40 mg tablet
- desvenlafaxine succinate ER 100 mg tablet, extended release 24 hr
- desvenlafaxine succinate ER 25 mg tablet, extended release 24 hr
- desvenlafaxine succinate ER 50 mg tablet, extended release 24 hr
- duloxetine 20 mg capsule, delayed release
- duloxetine 30 mg capsule, delayed release
- duloxetine 60 mg capsule, delayed release
- escitalopram 10 mg tablet
- escitalopram 20 mg tablet
- escitalopram 5 mg tablet
- escitalopram 5 mg/5 mL oral solution
- fluoxetine 10 mg capsule
- fluoxetine 20 mg capsule
- fluoxetine 20 mg/5 mL (4 mg/mL) oral solution
- fluoxetine 40 mg capsule
- fluvoxamine 100 mg tablet
- fluvoxamine 25 mg tablet
- fluvoxamine 50 mg tablet
- nefazodone 100 mg tablet
- nefazodone 150 mg tablet
- nefazodone 200 mg tablet
- nefazodone 250 mg tablet
- nefazodone 50 mg tablet
- paroxetine 10 mg tablet
- paroxetine 10 mg/5 mL oral suspension
- paroxetine 20 mg tablet
- paroxetine 30 mg tablet
- paroxetine 40 mg tablet
- sertraline 100 mg tablet
- sertraline 20 mg/mL oral concentrate
- sertraline 25 mg tablet
- sertraline 50 mg tablet
- venlafaxine 100 mg tablet
- venlafaxine 25 mg tablet
- venlafaxine 37.5 mg tablet
- venlafaxine 50 mg tablet
- venlafaxine 75 mg tablet
- venlafaxine ER 150 mg capsule, extended release 24 hr
- venlafaxine ER 37.5 mg capsule, extended release 24 hr
- venlafaxine ER 75 mg capsule, extended release 24 hr
- vilazodone 10 mg tablet
- vilazodone 20 mg tablet
- vilazodone 40 mg tablet

Step 2:

- Auvelity 45 mg-105 mg tablet, extended release

Details

Criteria	Approve if the patient has tried a generic SSRI OR SNRI AND separately tried bupropion. Approve Auvelity if the patient has suicidal ideation without a trial of a Step 1 drug. Approve Auvelity if the patient is currently receiving Auvelity or has taken Auvelity in the past.
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PULMONARY ANTIINFLAMMATORY - PST

Products Affected

Step 1:

- Asmanex HFA 100 mcg/actuation aerosol inhaler
- Asmanex HFA 200 mcg/actuation aerosol inhaler
- Asmanex HFA 50 mcg/actuation aerosol inhaler
- Asmanex Twisthaler 110 mcg/actuation(30 doses) breath activated inhalr
- Asmanex Twisthaler 220 mcg/actuation(120 doses) breath activated inhlr
- Asmanex Twisthaler 220 mcg/actuation(30 doses) breath activated inhalr
- Asmanex Twisthaler 220 mcg/actuation(60 doses) breath activated inhalr
- Qvar RediHaler 40 mcg/actuation HFA breath activated aerosol
- Qvar RediHaler 80 mcg/actuation HFA breath activated aerosol

Step 2:

- fluticasone propionate 110 mcg/actuation HFA aerosol inhaler
- fluticasone propionate 220 mcg/actuation HFA aerosol inhaler
- fluticasone propionate 44 mcg/actuation HFA aerosol inhaler

Details

Criteria	If the patient has tried TWO Step 1 drugs, approve the requested Step 2 drug. If the patient is 4 years of age and older and has a low inspiratory flow rate and is unable to use a dry powder inhaler, approve fluticasone propionate HFA (AA to Flovent HFA) if the patient has tried Qvar RediHaler.
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Index

A

- Asmanex HFA 100 mcg/actuation aerosol
inhaler 3
- Asmanex HFA 200 mcg/actuation aerosol
inhaler 3
- Asmanex HFA 50 mcg/actuation aerosol
inhaler 3
- Asmanex Twisthaler 110 mcg/actuation(30
doses) breath activated inhalr..... 3
- Asmanex Twisthaler 220 mcg/actuation(120
doses) breath activated inhrlr 3
- Asmanex Twisthaler 220 mcg/actuation(30
doses) breath activated inhalr..... 3
- Asmanex Twisthaler 220 mcg/actuation(60
doses) breath activated inhalr..... 3
- Auvelity 45 mg-105 mg tablet, extended
release 1, 2

B

- bupropion HCl 100 mg tablet 1, 2
- bupropion HCl 75 mg tablet 1, 2
- bupropion HCl SR 100 mg tablet,12 hr
sustained-release 1, 2
- bupropion HCl SR 150 mg tablet,12 hr
sustained-release 1, 2
- bupropion HCl SR 200 mg tablet,12 hr
sustained-release 1, 2
- bupropion HCl XL 150 mg 24 hr tablet,
extended release 1, 2
- bupropion HCl XL 300 mg 24 hr tablet,
extended release 1, 2

C

- citalopram 10 mg tablet 1, 2
- citalopram 10 mg/5 mL oral solution..... 1, 2
- citalopram 20 mg tablet 1, 2
- citalopram 40 mg tablet 1, 2

D

- desvenlafaxine succinate ER 100 mg
tablet,extended release 24 hr..... 1, 2
- desvenlafaxine succinate ER 25 mg
tablet,extended release 24 hr..... 1, 2
- desvenlafaxine succinate ER 50 mg
tablet,extended release 24 hr..... 1, 2
- duloxetine 20 mg capsule,delayed release . 1,
2

- duloxetine 30 mg capsule,delayed release . 1,
2
- duloxetine 60 mg capsule,delayed release . 1,
2

E

- escitalopram 10 mg tablet 1, 2
- escitalopram 20 mg tablet 1, 2
- escitalopram 5 mg tablet 1, 2
- escitalopram 5 mg/5 mL oral solution 1, 2

F

- fluoxetine 10 mg capsule 1, 2
- fluoxetine 20 mg capsule 1, 2
- fluoxetine 20 mg/5 mL (4 mg/mL) oral
solution..... 1, 2
- fluoxetine 40 mg capsule 1, 2
- fluticasone propionate 110 mcg/actuation
HFA aerosol inhaler 3
- fluticasone propionate 220 mcg/actuation
HFA aerosol inhaler 3
- fluticasone propionate 44 mcg/actuation
HFA aerosol inhaler..... 3
- fluvoxamine 100 mg tablet 1, 2
- fluvoxamine 25 mg tablet 1, 2
- fluvoxamine 50 mg tablet 1, 2

N

- nefazodone 100 mg tablet 1, 2
- nefazodone 150 mg tablet 1, 2
- nefazodone 200 mg tablet 1, 2
- nefazodone 250 mg tablet 1, 2
- nefazodone 50 mg tablet 1, 2

P

- paroxetine 10 mg tablet..... 1, 2
- paroxetine 10 mg/5 mL oral suspension . 1, 2
- paroxetine 20 mg tablet..... 1, 2
- paroxetine 30 mg tablet..... 1, 2
- paroxetine 40 mg tablet..... 1, 2

Q

- Qvar RediHaler 40 mcg/actuation HFA
breath activated aerosol..... 3
- Qvar RediHaler 80 mcg/actuation HFA
breath activated aerosol..... 3

S

- sertraline 100 mg tablet..... 1, 2
- sertraline 20 mg/mL oral concentrate 1, 2

sertraline 25 mg tablet..... 1, 2
sertraline 50 mg tablet..... 1, 2

V

venlafaxine 100 mg tablet..... 1, 2
venlafaxine 25 mg tablet..... 1, 2
venlafaxine 37.5 mg tablet..... 1, 2
venlafaxine 50 mg tablet..... 1, 2
venlafaxine 75 mg tablet..... 1, 2

venlafaxine ER 150 mg capsule,extended
release 24 hr 1, 2
venlafaxine ER 37.5 mg capsule,extended
release 24 hr 1, 2
venlafaxine ER 75 mg capsule,extended
release 24 hr 1, 2
vilazodone 10 mg tablet..... 1, 2
vilazodone 20 mg tablet..... 1, 2
vilazodone 40 mg tablet..... 1, 2

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