

<b>HEALTH PLAN POLICY</b>	
<b>Policy Title:</b> Sacroiliac Joint Fusion	<b>Policy Number:</b> MUM59 <b>Revision:</b> New
<b>Department:</b> Medical Management	<b>Sub-Department:</b> Utilization Management
<b>Applies to Product Lines:</b> <input type="checkbox"/> Medicaid <input checked="" type="checkbox"/> USFHP <input type="checkbox"/> Children's Health Insurance Plan <input checked="" type="checkbox"/> Commercial Insured <input checked="" type="checkbox"/> Health Insurance Exchange <input type="checkbox"/> Non Insured Business <input checked="" type="checkbox"/> Medicare	
<b>Origination/Effective Date:</b> 10/09/2019	
<b>Reviewed Date(s):</b>	<b>Revision Date(s):</b>

**SCOPE:**

This document addresses surgical fusion of the pelvis (iliac bone) to the spine (sacrum) for treatment of trauma and other orthopedic conditions.

**DEFINITIONS AND ACRONYMS:**

- **INSITE Study** - Investigation of Sacroiliac Fusion Treatment
- **International Society for Advancement of Spinal Surgery (ISASS)**\_
- **North American Spine Society (NASS)**
- **Sacroiliac Joint (SI Joint)**

**POLICY:**

SI Joint Fusion is medically necessary under the following scenarios:

- 1) Adjuncts to tumor or infectious conditions involving the pelvis/spine area
- 2) Severe traumatic injury to the pelvis
- 3) Multisegmental spinal surgery for kyphosis or scoliosis

**Rationale:**

SI joint dysfunction is typically characterized by pain in the lower back & hips. It is aggravated by movement of most any kind. It is caused by a variety of conditions including trauma, malignancy, infection or musculoskeletal misalignment. Various secondary considerations include steroid use, Pagets Disease, metabolic disease of bone, rheumatoid disease & osteoporosis. Advanced age and female gender are risk factors. Extensive peer reviewed literature informs the basis of this policy with significant contributions by ISASS & NASS – both professional organizations.

**REFERENCES:**

- **ISASS 2016** – recommendations for SI Joint Fusion
- **NASS 2015** – coverage recommendations on SI Joint Fusion

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**RELATED DOCUMENTS:**

None

  
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Nancy Horstmann  
Chief Executive Officer Health Plans

10/08/19  
Date

  
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David Engleking, M.D.  
Medical Director

10/15/19  
Date

**REVISION HISTORY:**

Revision	Date	Description of Change	Committee
New	10/09/2019	Initial release.	Executive Leadership