Coverage for: Individual, Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at 1-844-282-3025 or visit us on the web at https://www.christushealthplan.org/. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary or call 1-844-282-3025 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at http://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.christushealthplan.org/find-a-provider or call 1-844-282-3025 for a list of providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	No Charge	Not Covered	Including office services, other than those specifically shown below.	
If you visit a health	Specialist visit	No Charge	Not Covered	Including office services, other than those specifically shown below.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	None.	
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.	
If you need drugs to	Preferred generic drugs	No Charge	Not Covered	Cost sharing for a 90-day supply by mail order	
treat your illness or condition	Non-preferred generic drugs	No Charge	Not Covered	is triple the cost sharing for a standard 30-day	
More information about Prescription	Preferred brand drugs	No Charge	Not Covered	supply. Cost sharing for specialty drugs is limited to \$150 per prescription for a standard 30-day supply. Prescriptions for birth control are not subject to deductible, and do not have	
drug coverage is available at www.	Non-preferred brand drugs	No Charge	Not Covered		
christushealthplan.org	Specialty drugs	No Charge	Not Covered	a <u>copayment</u> .	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.	
surgery	Physician/surgeon fees	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.	
	Emergency room care	No Charge	No Charge		
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	None.	
	<u>Urgent care</u>	No Charge	Not Covered		

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://www.christushealthplan.org/

Common Medical Event	Services You May Need	What You Will Pay Network Provider Out-of-Network Provider (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.
stay	Physician/surgeon fees	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	Not Covered	MH/SUD office visits are subject to the listed cost sharing, while MH/SUD facility outpatient treatments are subject to the outpatient facility coinsurance. Preauthorization is required. If you don't get preauthorization , benefits will be denied.
	Inpatient services	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
	Office visits	No Charge	Not Covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No Charge	Not Covered	None.
If you are pregnant	Childhirth/delivery facility	Not Covered	Preauthorization is required for inpatient care, except for: (1) forty-eight (48) hours of Inpatient care following an uncomplicated vaginal delivery or ninety-six (96) hours of Inpatient care following an uncomplicated Cesarean section or (2) Post-Partum Care. If you don't get preauthorization, benefits will be denied.	
If you need help	Home health care	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
recovering or have other special health	Rehabilitation services	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.
needs	Habilitation services	No Charge	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits will be denied.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://www.christushealthplan.org/</u>

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Skilled nursing care	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.	
	Durable medical equipment	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.	
	Hospice services	No Charge	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits will be denied.	
If your abild woods	Children's eye exam	No Charge	Not Covered	Limited to one exam per year.	
If your child needs dental or eye care	Children's glasses	No Charge	Not Covered	Limited to one pair of glasses per year.	
uental of eye care	Children's dental check-up	No Charge	Not Covered Limited to one visit per 6	Limited to one visit per 6 months.	

Excluded Services & Other Covered Services:

ı	Services Your Plan Generall	y Does NOT Cover (Check you	our policy or plan document fo	r more information and a list of any	v other excluded services.)
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- Abortion
- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Cosmelic Surgery
- Dental Care Basic and Major (Adults)
- Dental Care Basic and Major (Children)

- Infertility Treatment
- Long-term Care
- Non-emergency care when traveling outside the United States
- Orthodontia
- Routine dental services (Adults)

- Routine eye care for adults
- Routine foot care for diabetic members
- Treatment for temporomandibular joint disorders
- Weight Loss Programs

Other Covered Services (limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

- Hearing aids (1 hearing aid in each ear every 3 years)
- Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: CHRISTUS Health Plan Customer Service at 1-844-282-3025; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa; Louisiana Department of Insurance, Office of Consumer Services, P.O. Box 94214, Baton Rouge La 70804-9214 or call 1-800-259-5300. Other coverage options may be available to you too, including buying individual insurance coverage through the https://www.healthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

^{*} For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

CHRISTUS Health Plan Customer Service at 1-844-282-3025 or Louisiana Department of Insurance, Office of Consumer Services, P.O. Box 94214, Baton Rouge La 70804-9214 or call 1-800-259-5300.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have minimum essential coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the minimum value standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-282-3025 (TTY: 1-800-735-2989). Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-282-3025 (TTY: 1-800-735-2989).

Chinese: 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電1-844-282-3025 (TTY1-800-735-2989)。

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-282-3025 (TTY: 1-800-735-2989)번으로 전화해 주십시오.

Arabic: ملحوظة: 1-800-735-2989). والبكم الصم هاتف رقم) 282-3025-1-844 برقم اتصل بالمجان لك تتوافر اللغوية المساعدة خدمات فإن اللغة، اذكر تتحدث كنت إذا عملوظة: 1-800-735-2989). (Urdu: بيل على كريل عملا على المساعدة خدمات مفت ميل دستياب بيل على كريل 282-844-1544 كريل 282-948 المساعدة على حدمات مفت ميل دستياب بيل على كريل 282-948 المساعدة على المساعدة خدمات مفت ميل دستياب بيل على كريل 282-948 المساعدة على المساعدة خدمات مفت ميل دستياب بيل على كريل 2989 المساعدة خدمات مفت ميل دستياب بيل على كريل 2989 المساعدة خدمات مفت ميل دستياب بيل على كريل 2989 المساعدة خدمات فإن اللغة المساعدة على ا

Tagalog : PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-282-3025 (TTY: 1-800-735-2989).

French: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-282-3025 (ATS: 1-800-735-2989).

.(TTY: 1-800-735-2989) پاسخ . هستند شما دسترس در کنند، می صحبت رایگان زبان، کمک خدمات فارسی، شما اگر

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-282-3025 (TTY: 1-800-735-2989).

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-282-3025 (телетайп: 1-800-735-2989).

Japanese: 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-844-282-3025 (TTY: 1-800-735-2989) まで、お電話にてご連絡ください。

Laotian: ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-844-282-3025 (TTY: 1-800-735-2989).

Hindi: हंद: <mark>सावधानी: यदि आप हिंदी बोलते हैं, तो आप मुफ्त भाषा सहायता सेवाओं से लाभ उठा सकते हैं। 1-844-282-3025 पर कॉल करें (टीटीवी: 1-800-735-2989)</mark>

Gujarati: જરાત: સાવધાન: જો તમે ગુજરાતી બોલતા હોવ તો, તમે મફત ભાષા સહાય સેવાઓમાંથી લાભ મેળવી શકો છો. 1-844-282-3025 પર કૉલ કરો (TTY: 1-800-735-2989)

^{*} For more information about limitations and exceptions, see the plan or policy document at https://www.christushealthplan.org/

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or Exclusions	\$60	
The total Peg would pay is	\$60	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
■ Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or Exclusions	\$60	
The total Joe would pay is	\$60	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or Exclusions	\$0
The total Mia would pay is	\$0